

THE THERAPYWORKS

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How well do you REALLY know each other?

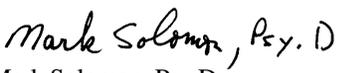
Here is a fun way to check how well parents and kids know about each other.

Kids fill out 3 sheets: there is a sheet for you to answer questions about yourself and 2 sheets (one for each parent) for you to see how much you know about your mom and dad.

Each parent completes 2 sheets -- one regarding your child and one about yourself.

If you have any questions, please call the office.

Sincerely,


Mark Solomon, Psy.D.
Clinical Psychologist

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To be completed by Child

1. What is your favorite color?
2. What are you most afraid of?
3. What is your favorite holiday?
4. Who is your favorite teacher (past/present)?
5. What is your favorite T.V. show?
6. Who is your favorite friend?
7. What is your favorite food?
8. What do you want to do when you grow up?
9. What is your earliest memory?
10. What do you worry about the most?
11. With Mom, what is your favorite activity?
12. With Dad, what is your favorite activity?
13. What was the happiest time in your life?
14. What Movie is your favorite?
15. Who is your favorite relative (outside of the immediate family)?
16. What book did you enjoy reading the most?
17. What is your favorite game or toy?
18. If you could change one thing about yourself what would it be?
19. If you could change anything about Mom, what would it be?
20. If you could change anything about Dad, what would it be?
21. What thing do you hate to do the most?
22. If you could have one wish what would it be?

To be completed by child about mother

1. What is your mom's favorite sport?
2. What is your mom's favorite food?
3. Who is your mom's' best friend?
4. How many years did your mom go to school?
5. What is your mom's favorite hobby or activity?
6. If your mom could change her job, what would she want to do?
7. Does your mom like meat, chicken or fish best?
8. Is your mom usually happy, mad, sad or scared?
9. What is your mom's favorite book or movie?
10. Who is your mom's favorite relative (outside the immediate family)?
11. What thing does your mom like to do the least?
12. If your mom could change anything about herself, what would it be?
13. If your mom could change one thing about the family what would it be?
14. What was the best or happiest time of your mom's life?
15. What does your mom worry about the most?
16. What does your mom get mad about the most?
17. What does your mom get sad about the most?
18. Who was your mom's best friend when your mom was your age?
19. What is your mom's favorite T.V. show?
20. What does your mom want you to be when you grow up?
21. If your mom could have 1 wish what would it be.
22. What was your mom's favorite game or activity when she was your age?

To be completed by child about father

1. What is your dad's favorite sport?
2. What is your dad's favorite food?
3. Who is your dad's best friend?
4. How many years did your dad go to school?
5. What is your dad's favorite hobby or activity?
6. If your dad could change his job, what would he want to do?
7. Does your dad like meat, chicken or fish best?
8. Is your dad usually happy, mad, sad or scared?
9. What is your dad's favorite book or movie?
10. Who is your dad's favorite relative (outside the immediate family)?
11. What thing does your dad like to do the least?
12. If your dad could change anything about himself, what would it be?
13. If your dad could change one thing about the family what would it be?
14. What was the best or happiest time of your dad's life?
15. What does your dad worry about the most?
16. What does your dad get mad about the most?
17. What does your dad get sad about the most?
18. Who was your dad's best friend when your dad was your age?
19. What is your dad's favorite T.V. show?
20. What does your dad want you to be when you grow up?
21. If your dad could have 1 wish what would it be.
22. What was your dad's favorite game or activity when he was your age?

To be completed by parent (DAD) about yourself

1. What is your favorite sport?
2. What is your favorite food?
3. Who is your best friend?
4. How many years did you go to school?
5. What is your favorite hobby or activity?
6. If you could change your job, what would you want to do?
7. Do you like meat, chicken or fish best?
8. Are you usually happy, mad, sad or scared?
9. What is your favorite book or movie?
10. Who is your favorite relative (outside the immediate family)?
11. What thing do you like to do the least?
12. If you could change anything about yourself, what would it be?
13. If you could change one thing about the family what would it be?
14. What was the best or happiest time of your life?
15. What do you worry about the most?
16. What do you get mad about the most?
17. What do you get sad about the most?
18. Who was your best friend when you were your child's age?
19. What is your favorite T.V. show?
20. What do you want your child to be when he/she grows up?
21. If you could have 1 wish what would it be.
22. What was your favorite game or activity when you were your child's age?

To be completed by parent (MOM) about yourself

1. What is your favorite sport?
2. What is your favorite food?
3. Who is your best friend?
4. How many years did you go to school?
5. What is your favorite hobby or activity?
6. If you could change your job, what would you want to do?
7. Do you like meat, chicken or fish best?
8. Are you usually happy, mad, sad or scared?
9. What is your favorite book or movie?
10. Who is your favorite relative (outside the immediate family)?
11. What thing do you like to do the least?
12. If you could change anything about yourself, what would it be?
13. If you could change one thing about the family what would it be?
14. What was the best or happiest time of your life?
15. What do you worry about the most?
16. What do you get mad about the most?
17. What do you get sad about the most?
18. Who was your best friend when you were your child's age?
19. What is your favorite T.V. show?
20. What do you want your child to be when he/she grows up?
21. If you could have 1 wish what would it be.
22. What was your favorite game or activity when you were your child's age?

To be completed by parent (DAD) about your child

1. What is your child's favorite color?
2. What is your child most afraid of?
3. What is your child's favorite holiday?
4. Who is your child's favorite teacher (past/present)?
5. What is your child's favorite T.V. show?
6. Who is your child's favorite friend?
7. What is your child's favorite food?
8. What does your child want to do when he/she grows up?
9. What is your child's earliest memory?
10. What does your child worry about the most?
11. With Mom, what is your child's favorite activity?
12. With Dad, what is your child's favorite activity?
13. What was the happiest time in your child's life?
14. What Movie is your child's favorite?
15. Who is your child's favorite relative (outside of the immediate family)?
16. What book has your child enjoyed reading the most?
17. What is your child's favorite game or toy?
18. If your child could change one thing about himself/herself what would it be?
19. If your child could change anything about Mom, what would it be?
20. If your child could change anything about Dad, what would it be?
21. What thing does your child hate to do the most?
22. If your child could have one wish what would it be?

To be completed by parent (MOM) about your child

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